



## What's Happening?

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## Membership

### Benefits:

- **Discounts** on event registration fees
- **Privileges** to use SBA headquarters and equipment
- **SBA open house weekends** and other weekend adventures
- **Rivers** - explore the Suwannee region on land or by canoe and kayak
- **Newsletter**
- **SBA E-mail List Server** for information and activity announcements
- **Membership** in a dynamic, fun-loving group
- **SBA website:** [www.suwanneebike.org](http://www.suwanneebike.org)

## Secret Santa

**Secret Santa Open House and Century Ride, Dec. 9 – 11**, coincides with the White Springs Festival of Lights and Christmas Parade. We will be entering our SBA Christmas float. Instead of gifts, we will be taking a collection to purchase new bikes and helmets for needy kids from White Springs. On-road and off-road rides will be available both days.

**Friday, 7 p.m.**, is the Christmas Cookie Exchange and Secret Santa Party at Headquarters. Bring a batch of your favorite Christmas cookies and a cycling-related wrapped gift valued at under \$10 to exchange. Beverages will be provided. Help trim the tree and decorate our Parade Float.

**Saturday, 8 a.m.** enjoy a bagel breakfast at Headquarters. Meet at **9 a.m.** and **1 p.m.** for rides. Groups will decide which trail or route to ride in the White Springs area. Enough ride-guides and leaders should be on hand to lead several groups for a variety of lengths, pace and difficulty, from leisurely to fast paced riding. This is an excellent time of year for riding in the woods!

Prior to the parade, at **4 p.m.**, there will be a **wine and cheese party** at headquarters. Decorate your bikes and be part of the parade. Parade starts at 5:30 p.m. followed by the potluck dinner at Headquarters.

**Sunday, 7:30 a.m.**, enjoy a bagel breakfast at Headquarters. At **8 a.m.**, the **Secret Santa Century** will be held on the White Springs Triple Loop with many mileage options and special Christmas tree road arrows. The 23 and 55-mile options will begin at 10 a.m. **Post ride lunch** will be served at Headquarters until the last rider is in.

This is a perfect event to invite your road and off road cycling friends who want to experience SBA and get away from Xmas rush. Contact Kim Frawley at [woodbike@bellsouth.net](mailto:woodbike@bellsouth.net).

## IDIDARIDE 2006

**Saturday, Jan. 21, IDIDARIDE** is a bicycle challenge ride; NOT a race. Approximately 50 miles of single track trails and woods roads running along the Suwannee River have been linked to form a continuous route with minimum of pavement. At several checkpoints along the route, SBA will monitor progress of riders. Food, beverage and mechanical support are available at these stations. Bail-out points are marked.

Entry fee of **\$45** with a **\$5 discount for SBA members** includes **continental breakfast, mid-ride lunch** and **buffet dinner** provided by **Dixie Grill** after the ride. Participation is limited (by land managers and trail carrying capacity) to the first 250 registrants. Registration fills well in advance of the event; **DO NOT WAIT**.

A few good volunteers are needed to help organize this event; i.e. help with registration, mark the route, collect arrows afterwards, sag stops, food and clean-up.

For more information visit our Web site at: [www.suwanneebike.org](http://www.suwanneebike.org) or contact event directors, **Jodi and Scott Chase** at [sachase@bellsouth.net](mailto:sachase@bellsouth.net) or 352.367.4512 (home).

## Suwannee Sweetheart Ride and Century

**Feb. 11 – 12, White Springs, SBA Headquarters.** Saturday rides are 23 or 47 miles. Enjoy the pot luck dinner on Saturday night at Headquarters.

**Sunday**, the rides are 27, 50, 64 and 100 miles. The longer rides start at 8 a.m. The 27 mile ride starts at 9:30 a.m.

Advance registration fee includes t-shirt, breakfast, rest stops, and Sunday ride dinner. Only pre-registered cyclists will receive t-shirts. Long-sleeved is **\$15**, short-sleeved **\$10**. Day of event registration is \$20. Saturday only is \$5 or free for SBA members.

Download the registration form from SBA website. Contact Jeanne Hargrave, [biknjeanne@aol.com](mailto:biknjeanne@aol.com).

## Board members

**Bill Wills**, president,  
850.656.7987  
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## Board members

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newsletter  
904.249.1307  
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## Advisory board

**Lys Burden**, advisor  
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**Mari Towle**, membership  
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[met925@msn.com](mailto:met925@msn.com)

**President's Message**

This year, unlike 2004 where hurricanes impacted almost all of our events, we had memorable, well attended events, open houses and training sessions. Next year, our events will be bigger and even better with the return of Nelly Bly's Kitchen and Dixie Grill!

Renew your membership so you can reap the benefits including discounts, special privileges, adventures, camaraderie and outdoor exploration along the Suwannee as well as other sponsored trips. SBA is truly an outdoor family, so come camp, bike, kayak, explore and adventure with us during the coming year. I know that you will be received as family and friends by a unique and diverse group of individuals.

Recruiting new members is also an important role you can play. So make your 2006 resolutions and include the **3 Rs: Renew, Recruit and Ride!** On behalf of the SBA Board, we wish you a happy safe holiday season and look forward to joining you in the coming year!

**Fat Tire Open House**

Once again, our club was blessed with perfect weather and great riding conditions. With just a sliver of a moon, no city light pollution and clear skies, it was a great opportunity to view the stars and constellations. Approximately 70 riders enjoyed the off road trails around White Springs including Bridge to Bridge, Gar Pond, Big Shoals, Long Branch and Anderson Springs. Impromptu night rides provided extra excitement for a hard core group of riders.

Saturday evening featured the popular Huffy toss. **Debbie Lane, Ann Stephens, Dave Groover** and **Sara Schae**t were the Huffy toss winners. The old Free Spirit Huffy bike must have weighed well over 30 pounds. Many thanks to **Phil** from Ellaville (Big Oak trail head) for donating the bike. Compliments to all the chefs for a great pot luck dinner Saturday evening which included **Tony Beavor's** tasty jambalaya. Many of us enjoyed a big bonfire Saturday night at **Mike Kelly's** campsite. The campfire ring enjoyed listening to guitar and singing by **Will Schae**t and **Sue Pundt**. On Sunday, San Felasco challenged many of us with its rolling hills, climbing switchbacks and screaming downhill. *Sharon Allen Shea*

**KUDOS**

**Jerry Willet and Mari Towle** for our October Open House and Fat Tire weekend.

**Mike Kelly** for recertifying our ride guides in emergency outdoor responder. Thanks to all our other ride guides including **Tony Beavor, Gene Currin, Mike Kelly, Mark Nelson, Mick and Sharon Shea, Joy Taylor, Mari Towle and Jerry Willet**.

**Membership/SBA Internet Users**

SBA maintains a free list server through [sba@topica.com](mailto:sba@topica.com) to inform subscribers of SBA events. If you would like to subscribe and receive SBA information, access [www.topica.com](http://www.topica.com) and follow the directions, or contact Mary at [met925@msn.com](mailto:met925@msn.com). If you move and/or change e-mail addresses, please let us know your new addresses.

**Accommodations**

Camping / Cabins
<b>Stephen Foster State Park</b> , White Springs, Reserve America at 800.326.3521 or <a href="http://www.reserveamerica.com">www.reserveamerica.com</a>
<b>Suwannee Valley Campground (cabins)</b> , White Springs, 386.397.1667 <a href="http://www.suwanneevalleycampground.com">www.suwanneevalleycampground.com</a>
<b>Kelly's Campground Cabins</b> , White Springs, 386.397.2616
<b>Ichetucknee Canoe and Cabins</b> , 866.224.2064; <a href="http://www.ichetuckneecanoeandcabins.com">http://www.ichetuckneecanoeandcabins.com</a>
<b>Spirit of Suwannee Campground (cabins)</b> , 386.364.1683 (Suwannee Springs, 15 miles away)
Bed and Breakfast
<b>Adams House Bed and Breakfast</b> , White Springs, 386.397.1915
<b>White Springs Bed &amp; Breakfast</b> , 386.397.1665
Motels
<b>Suwannee River Motel</b> , White Springs, 386.397.2822
<b>Holiday Inn</b> , 386.752.3901 (Lake City, 14 miles away)
<b>Live Oak Econo Lodge</b> , 386.362.7459 (13 miles)
Canoe/Kayak Info
<b>Suwannee Canoe Outpost</b> , 386.364.4991 or <a href="http://www.canoeoutpost.com">www.canoeoutpost.com</a>
<b>American Canoe Adventures</b> , 386.397.1309 or <a href="http://www.aca1.com">www.aca1.com</a>

## Ride Guides and Leaders

All ride-guides are required to attend SBA Ride Guide Training which is offered during our open houses. Log your hours on the trail or road under the direction of our qualified Ride Leaders (road) or Guides (off road) to accumulate hours toward ride leader/guide status. Ride guides must be a member in good standing who have completed the required pre-event trainings and agree to apply their leadership and riding skills to guide, sag or sweep rides at an event. This qualifies you for a free or reduced event registration. See *event calendar for training weekends*. Ride Guides: Contact Tom at [tomsturf@earthlink.net](mailto:tomsturf@earthlink.net). Ride Leaders: Contact Jeanne at [BiknJeanne@aol.com](mailto:BiknJeanne@aol.com)

## Follow the Trail

Trail work is an ongoing club effort. Extensive flooding in 2005 limited our trail building and maintenance on our existing trails. If you enjoy trail work or would like to learn more about developing trails, e-mail Tony at [btonybea@aol.com](mailto:btonybea@aol.com).

## Volunteers Corner

SBA volunteers make up the foundation of this club. Help plan and coordinate events, work a few hours at an event, lead rides. Consider donating your time or special skills to help your club grow. Age is no limit; make this a family volunteer event. When and where you volunteer depends on the nature of the services you want to provide. You may volunteer during certain hours at events, open houses or other weekends. E-mail Gene Curran at [gcurrin@automedical.com](mailto:gcurrin@automedical.com) with "Volunteer" in the subject line. Provide the following information:

- The type of position you want to fill
- Personal experience that will help with this position
- What days/hours you can volunteer
- Your e-mail address
- Acknowledgement that this is not a paid job

## SBA Headquarters

Contact me if you would like to help improve our building facilities or with any other questions you may have about helping spruce up headquarters at our open houses. *Kim Frawley* at 904.797.7290 or [woodbike@bellsouth.net](mailto:woodbike@bellsouth.net)

**Team Newsletter.** Send articles to: Sharon Shea, editor; [sharonallen.shea@gmail.com](mailto:sharonallen.shea@gmail.com)

## SBA Calendar

Date	2005 - 2006 Events
Dec. 9 –11, 2005	<b>Secret Santa Open House and Century Ride;</b> Hosts: Kim Frawley and Joy Taylor
Jan. 14 – 15, 2006	Winter Rendezvous Open House — IDADARIDE trail preparation; Hosts: Jodi and Scott Chase
Jan. 21	<b>IDIDARIDE 2006;</b> Jodi and Scott Chase
Feb. 11 – 12	<b>Sweetheart Cycling Weekend and Century Ride;</b> Host: Jeanne Hargrave
March 18 – 19	Spring Equinox Open House (ride guide training and trail work) Wild Azalea Festival & Suwannee River Valley Birding Festival; Hosts: Mari Towle and Jerry Willert
April 15 – 16	Open House (ride guide training and trail work) Host: Sharon Shea
May 4 – 7	<b>Suwannee Bicycle Festival</b> at Stephen Foster State Park in White Springs; Host: Kim Frawley
June 24 – 25	Open House — Canoe/Kayak Weekend; Host: Edwin McCook
Aug. 12 – 13	<b>Dog Days</b> at Suwannee River State Park; Host: Bill Wills
Sept. 23 – 24	Open House (ride guide training and trail work)
Oct. 21 – 22	Oktoberfest Open House (ride guide training and trail work); Host: Joy Taylor
Nov. 3 – 5	<b>Florida Fat Tire Festival</b> at Stephen Foster State Park in White Springs
Dec. 9 – 10	<b>Secret Santa Open House and Century Ride;</b> Host: Kim Frawley and Joy Taylor

## Membership Renewal – Expires Dec. 31

All SBA memberships expire on Dec.31, 2005. Please **recruit** new members and **renew** your membership for 2006 by using the form on Page 4. Send your check and renewal form to:

**SBA**  
12585 E. Walton Drive  
Floral City, FL 34436



### 2006 SBA Membership Application

Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone Number: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Newsletter preference:  hard copy of the newsletter  online via e-mail

Subscribe to Topica List Server:

I am interested in the following opportunities:  Volunteer  Ride guide (off road)  Ride lead (on road)  
 Trail maintenance  Bike shop liaison for \_\_\_\_\_ city/ies  
 Other \_\_\_\_\_

Membership Type: New member  Renewing Member  \$25 Individual  \$35 Family

*Make your check payable to Suwannee Bicycle Association; mail to 12585 East Walton Drive, Floral City, FL 34436*

**Suwannee Bicycle Association**  
12585 E. Walton Drive  
Floral City, FL 34436



**Secret Santa**  
**Dec. 10-11**

*SBA News Today: Share this newsletter and our Web site with your cycling family and friends.*