

SBA Headquarters (HQ)

HQ is a historic brick building located in downtown White Springs just off of I-10 and I-75. It has served as SBA's home for over twenty years. HQ is a comfortable place to relax after a great day of riding or paddling. With a full kitchen and showers, it serves as a cyclist's welcome center for the area. SBA members can use HQ by prior arrangement. HQ is located half a block north of the intersection of US 41 and SR 136 on Bridge Street, just north of the Adams Country Store built in 1885.



HQ is just steps away from the famous **Stephen Foster Folk Culture Center State Park**, located on the Suwannee River. With a full service campground, the state park is the site of many of our events. It also has **Foster's Hammock Loop Trail**, eight miles of great single track created by SBA.

White Springs Mountain Bike Trails

Seven trails in the White Springs area offer over 50 miles of great single track for all skill levels. Created and maintained by SBA, trails are on Suwannee River Water District Management or state park land. SBA trails are marked and maps with QR codes can be downloaded from the SBA website.

Suwannee Valley Road Bike Routes

SBA has mapped 10 beautiful routes along approximately 270 miles of scenic, low traffic country roads. Maps with QR codes and route descriptions can be downloaded from the SBA website.

Hiking in White Springs

The scenic **Florida Trail** runs through White Springs along the banks of the Suwannee River. There are also other special hikes to enjoy. Recommended hiking maps can be downloaded from our website or sign up for hiking at an SBA event.

Suwannee River Paddle Trips

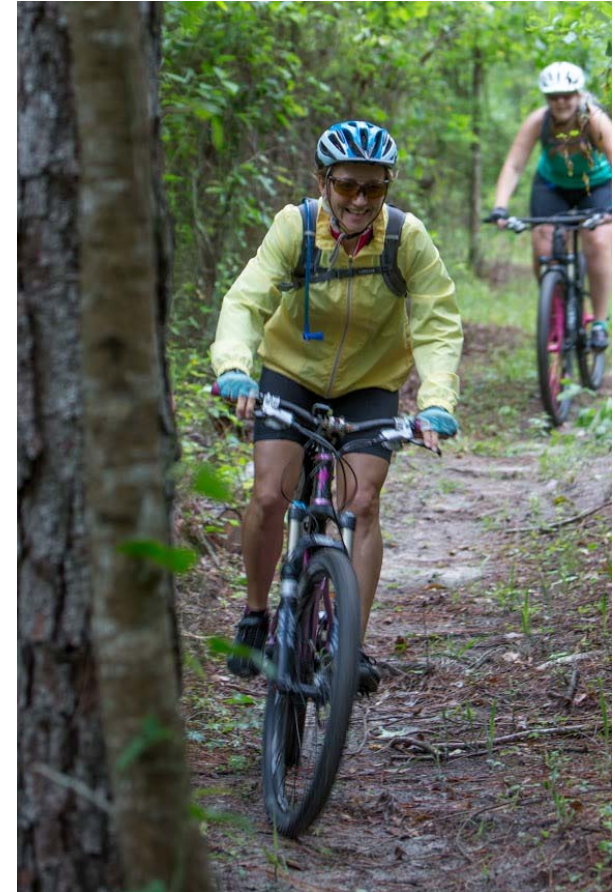
These may be one-day or multi-day paddles. Bring your own boat or rent one from a local outfitter to fully enjoy the natural beauty of this scenic river.



SBA Membership Benefits

- Use of SBA headquarters
- Discount at SBA events
- Members' only events: Dog Days, Secret Santa, Spring Hop
- Early registration for IDIDARIDE
- Experienced ride guides and leaders
- Beginner mountain bike clinics
- Discount price for our SBA custom jersey
- Special rates at local B&Bs
- Membership in a dynamic and fun loving club

Pedal, Paddle & Play with SBA!



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Who We Are

Suwannee Bicycle Association (SBA) is a membership organization formed over 25 years ago to promote environmental awareness, bicycling, paddling and hiking in the Suwannee River Valley. SBA owns a historic building in White Springs that serves as our club house for our members to enjoy. We provide cycling maps with QR codes and coordinate events and open house weekends for all to enjoy. ***Come out and play with SBA!***



SBA Activities

Scheduled annual events usually include road and off road rides, paddling and hiking; information is on the SBA website:

IDIDARIDE — late January; 50 mile off road endurance ride

Suwannee Sweetheart — mid February; road rides, including a century ride

Spring Pedal & Paddle Festival — first weekend in May

Spring Hop – overnight paddle on the middle Suwannee River in June/July (*members only*)

Dog Days Pedal and Paddle — mid August; also includes tubing (*members only*)

Suwannee Fat Tire Festival — late October

Secret Santa — early December during the magical Stephen Foster State Park "Festival of Lights" (*members only*)

Open House Weekends (SBA HQ) — A great time to invite family and friends to visit SBA for a weekend of riding and more. Check the calendar on our website for dates in March, April, Sept. and Oct.

SBA Away Trips

Organized by members to different areas on a cost-sharing or self-pay basis. (*members only*)



Membership Application

Name: _____

Address: _____

City: _____

State: _____ Zip Code: _____

Phone Number: _____

E-mail Address: _____

Subscribe to Online List Server: _____

Opportunities: Volunteer _____

Trail Maintenance _____

Bike Shop liaison _____

Ride guide _____ Ride leader _____

Other _____

Membership Type (circle):

\$25 Individual \$35 Family

Please remit check, payable to:

Suwannee Bicycle Association

PO Box 223

High Springs, FL 32655-0223

You can also join and pay online from a link at www.suwanneebike.org.



FLORIDA'S
SUWANNEE RIVER VALLEY
Lake City ♦ Live Oak ♦ White Springs